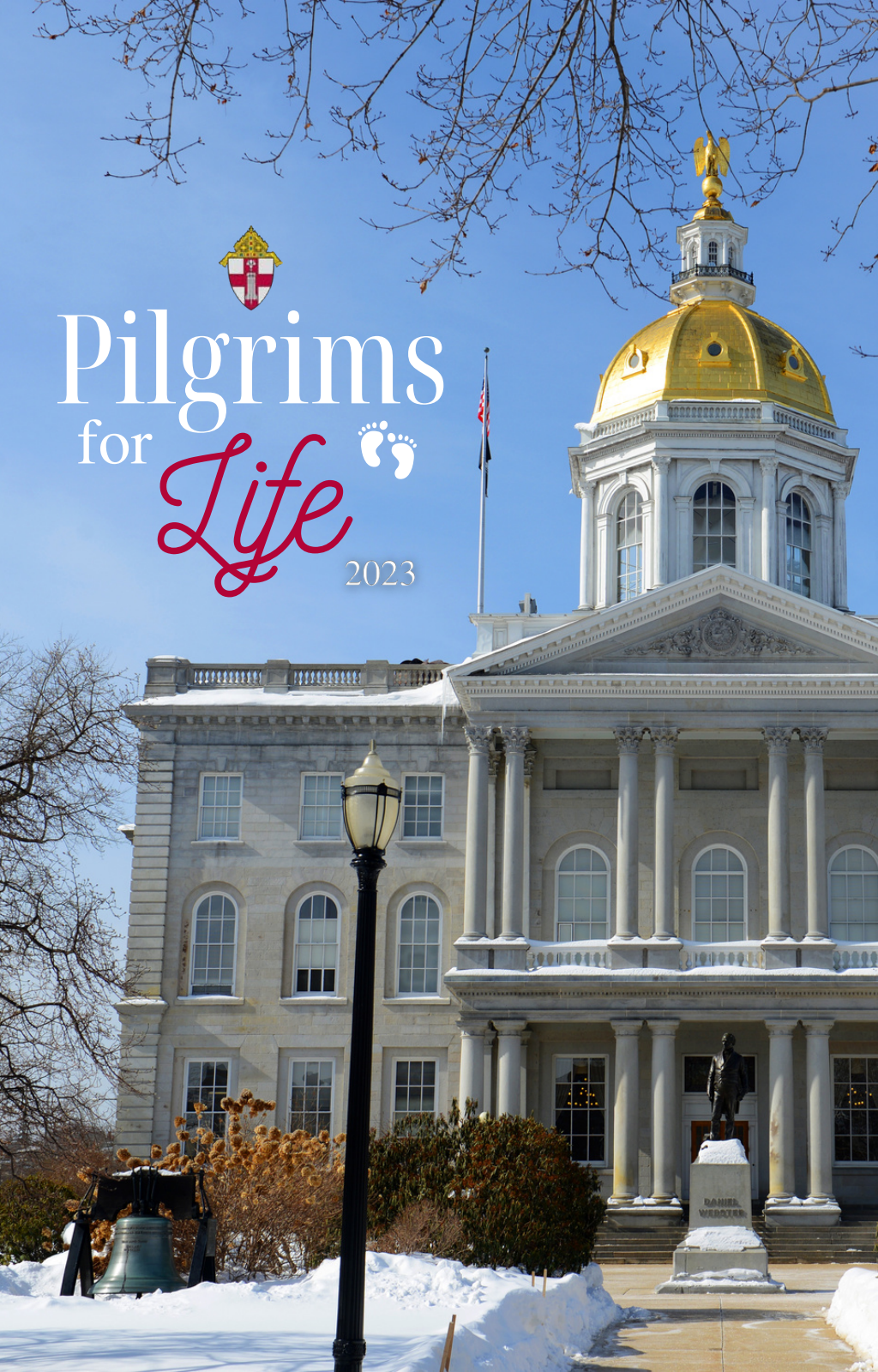




Pilgrims for *Life*



2023



A Digital Guide for Prayer & Advocacy



The Landmark Decision by the Supreme Court of the United States in the case of Dobbs v. Jackson Women's Health Organization returns legal questions around procured abortion to each state.

In light of this decision, and consistent with his longstanding support for the cause, Bishop Libasci is asking pro-life advocates to consider focusing their efforts locally in 2023. Many people and organizations are doing important, life-affirming work in New Hampshire, but there is still much to be done.

Whether we travel to Washington D.C. or remain home this January, we can all live as pilgrims: pilgrims on a journey of faith, pilgrims on a journey toward greater respect for human life at every stage. We do so by embracing a process of ongoing conversion, growing in love of God and neighbor, and by living the corporal and spiritual works of mercy.

Pilgrims for Life offers ideas and resources for us to continue our "pilgrimage" of pro-life advocacy around the Day of Prayer for the Legal Protection of Unborn Children and throughout the year. Together, let's build up a culture of life in New Hampshire and beyond!

3 Ways to Share the Gospel of Life



Pray. As Catholics, we recall the words of our Lord - "I am the vine, you are the branches. Whoever remains in me and I in him will bear much fruit, because without me you can do nothing" (John 15:5) - and we know that all our efforts must be rooted in prayer and the sacraments.

Advocate. A culture of life does not manifest itself automatically with the change of law. Culture is "grown" at the grassroots level, from person to person. Advancing the truth in charity, we will make a difference in New Hampshire.

Unite. Together we progress toward our common end by recognizing and defending the dignity of all, especially the most vulnerable. We are called to lives of "radical solidarity." Let's win hearts for the cause by how we love and live.

Pray.

"Only with prayer—prayer that storms the heavens for justice and mercy, prayer that cleanses our hearts and souls—will the culture of death that surrounds us today be replaced with a culture of life."

*-U.S. Catholic Bishops,
Pastoral Plan for Pro-Life Activities*



Pray.

Prayer services throughout NH & prayer resources

Prayer opportunities related to the March for Life will be held throughout the Diocese of Manchester around the time of the march (mid to late January). Click the button below to visit www.catholicnh.org/pilgrimsforlife. There you will find a map of the state divided by Deanery. Click on a Deanery to see prayer opportunities that may be available in your area! (Opportunities are also listed at the end of this document.)

Click [HERE](#) to find upcoming prayer services near you

Prayers for building up a culture of life

- [Mass for the cause of life, St. Joseph Cathedral](#), Friday, January 20, 2023.
- ["Word of Life" initiative](#), USCCB
- [Pro-Life Prayer Resources](#), USCCB
- [Project Rachel Ministry Prayers](#), USCCB
- [Prayer \[service\] to honor the gift of life](#), Catholic Charities USA
- [Prayers for the Unborn](#), Basilica of the National Shrine of the Immaculate Conception
- [Prayers for the sick](#), Catholic Health Association
- [Prayer for those at the end of life](#), Catholic Health Association
- [Prayers for the sick & the aging](#), USCCB
- [Intercessory prayers for the marginalized](#), USCCB
- [Prayer for Migrants & Refugees](#), USCCB
- [Prayer for migrant families](#), USCCB
- [Novena for an end to the death penalty](#), Catholic Mobilizing Network

Advocate.

Individuals, families, businesses, community organizations, and governments all have a role to play. Participation in political life in light of fundamental moral principles is an essential duty for every Catholic and all people of good will.

-U.S. Catholic Bishops,
Forming Consciences for Faithful Citizenship
(2019), no. 57.



Advocate.

Advocacy & Formational Resources

Explore the following links to further educate yourself. You'll find a few resources and practical ideas for the important work of advocacy and furthering the Gospel of Life.

- Office of Public Policy, Diocese of Manchester
 - ["How to Take Action"](#)
 - ["Know the Issues"](#)
 - [Subscribe to "Catholic Citizenship News"](#)
- USCCB
 - ["Take Action"](#)
 - [Various Respect Life Resources](#)
- Sisters of Life, McGrath Institute for Church Life (University of Notre Dame), CampCampo Films
 - [INTO LIFE: Love Changes Everything](#)
- Catholic Relief Services/USCCB
 - ["How Can I Advocate?"](#)
- [Follow the national march for life organization](#) for related news & info.

Unite.

"On this boat... are all of us. Just like those disciples, who spoke anxiously with one voice, saying 'We are perishing' (v. 38), so we too have realized that we cannot go on thinking of ourselves, but only together can we do this."

-Pope Francis,
Extraordinary Moment of Prayer, 3/27/20



Unite.

Exercising solidarity for building up the Culture of Life

Participating in the national March for Life is one way among many to stand up for the most vulnerable among us. Here are a few other ways to consider.

- Read about the corporal and spiritual works of mercy and come up with a plan for practicing them more regularly.
- Inquire with your parish about implementing the USCCB's Walking with Moms in Need initiative
- Pursue volunteer opportunities with a charitable organization
- Make a donation to a pro-life cause such as
 - St. Gianna's Place
 - Catholic Charities of New Hampshire
 - KoC Culture of Life Fund
- Check and address needs of local pregnancy centers
- Complete your own "march for life" (the national route is roughly 1.5 miles)

All together we must build a new culture of life: new, because it will be able to confront and solve today's unprecedented problems affecting human life; new, because it will be adopted with deeper and more dynamic conviction by all Christians; new, because it will be capable of bringing about a serious and courageous cultural dialogue among all parties. While the urgent need for such a cultural transformation is linked to the present historical situation, it is also rooted in the Church's mission of evangelization. The purpose of the Gospel, in fact, is "to transform humanity from within and to make it new". Like the yeast which leavens the whole measure of dough (cf. Mt 13:33), the Gospel is meant to permeate all cultures and give them life from within, so that they may express the full truth about the human person and about human life.

-Saint Pope John Paul II

Evangelium Vitae (3/25/95), no. 95.



Pray.

Amoskeag Deanery

Praying for Greater Respect for Human Life



Prayer opportunities for the cause of life and legal protection for the unborn will be held in various parishes across the Diocese of Manchester. Below are the opportunities to be held in the Amoskeag Deanery. For other locations and times, click another Deanery at www.catholicnh.org/pilgrimsforlife.

Friday, January 20, 2023

- St. Joseph Cathedral, Manchester
 - **12:10 p.m.** Mass for the cause of life with Bishop Libasci (also livestreamed from the [Cathedral website](#))



Pray.



Lakes Region Deanery

Praying for Greater Respect for Human Life

Prayer opportunities for the cause of life and legal protection for the unborn will be held in various parishes across the Diocese of Manchester. Below are the opportunities to be held in the Lakes Region Deanery. For other times/locations, click another Deanery at www.catholicnh.org/pilgrimsforlife.

Friday, January 27, 2023

- St. Katherine Drexel, Alton
 - 7:00 p.m. Holy hour for the unborn with the Knights of Columbus



Pray.



Rockingham Deanery

Praying for Greater Respect for Human Life

Prayer opportunities for the cause of life and legal protection for the unborn will be held in various parishes across the Diocese of Manchester. Below are the opportunities to be held in the Rockingham Deanery. For other locations and times, click another Deanery at www.catholicnh.org/pilgrimsforlife.

Thursday-Friday, January 19-20, 2023

- St. Mark, Londonderry
 - Day of Fasting, Rosary, and Benediction for the culture of life (sponsored by the Knights of Columbus of southern New Hampshire)
 - Public adoration of the Blessed Sacrament and rosary beginning **Thursday, January 19, at 7:00 p.m.** The Knights of Columbus will lead the rosary on Jan 20th during Benediction at **7:00 p.m., Friday, January 20.** Refreshments will be served afterwards.

Monday, January 23, 2023

- St. Matthew, Windham
 - 8:00 a.m. Rosary for Life during Eucharistic Adoration
 - 8:30 a.m. Mass
 - Prayer Group for Human Dignity meets immediately after Mass
 - Holy Hour for Life at 7:00 pm



Pray.



Seacoast Deanery

Praying for Greater Respect for Human Life

Prayer opportunities for the cause of life and legal protection for the unborn will be held in various parishes across the Diocese of Manchester. Below are the opportunities to be held in the Seacoast Deanery. For other locations and times, click another Deanery at www.catholicnh.org/pilgrimsforlife.

Saturday, January 21, 2023

- St. Michael, Exeter
 - 8:00 a.m. Mass, adoration of the Blessed Sacrament to follow
 - Collection basket in the vestibule for needed items for our local pregnancy centers, Seacoast Birthright, Options NH, and New Generation, Inc.

Sunday, January 22, 2023

- Our Lady of the Miraculous Medal Parish, Hampton
 - 3:00 pm, Sanctity of life holy hour



Pray.

Souhegan Deanery

Praying for Greater Respect for Human Life



Prayer opportunities for the cause of life and legal protection for the unborn will be held in various parishes across the Diocese of Manchester. Below are the opportunities to be held in the Souhegan Deanery. For other times/locations, click another Deanery at www.catholicnh.org/pilgrimsforlife.

Wednesday, January 25, 2023

- **Immaculate Conception, Nashua - 8:00 p.m.** Please join us in praying for the respect for life at all ages and stages from the time of conception until natural death. We will participate in the Rosary, Eucharistic Adoration, and Scripture reading. Thank you for supporting this very important part of our Catholic faith.



Pray.



Upper Valley Deanery Praying for Greater Respect for Human Life

Prayer opportunities for the cause of life and legal protection for the unborn will be held in various parishes across the Diocese of Manchester. Below are the opportunities to be held in the Upper Valley Region Deanery. For other times/locations, click another Deanery at www.catholicnh.org/pilgrimsforlife.

Sunday, January 22, 2023

- **St. Catherine Church, Charlestown - 10:30 a.m.**
Mass for respect life, followed by reception in church hall.



Pray.



White Mountain Deanery

Praying for Greater Respect for Human Life

Prayer opportunities for the cause of life and legal protection for the unborn will be held in various parishes across the Diocese of Manchester. Below are the opportunities to be held in the White Mountain Deanery. For other locations and times, click another Deanery at www.catholicnh.org/pilgrimsforlife.

Wednesday, January 18, 2023


- St. Joseph Church, Lincoln
 - 8:00 A.M. – Pro-Life Mass
 - 8:30 A.M. – Pro-Life Rosary
 - 8:30 A.M. – 12:30 P.M. – Adoration of the Blessed Sacrament to Respect Life
 - A charitable donation will be made on behalf of the parish community to Haven Pregnancy Center in Plymouth to support, educate, and equip men and women to make life-affirming choices relative to pregnancy, parenting, relationships, and God.

Friday, January 20, 2023

- St. Anne Church, Berlin
 - 5:30-8:00 P.M. ([click here for details](#))





Pilgrims
for *Life* 

2023