

# Check First



**Grades**  
**K-2**

## Overview

Students watch the "Know the Rules" rap video. They discuss checking first with a parent, guardian, or another trusted adult before going anywhere, helping anyone, accepting anything, getting into a car, or leaving with anyone. Students practice what was discussed through teacher-guided group skits.

### Safety Message

I will check first with my parents, guardians, or other trusted adults before going anywhere, helping anyone, accepting anything, getting into a car, or leaving with anyone.

### Time

25-30 minutes



### Materials

- Computer lab or computer connected to an LCD projector or television monitor
- "Know the Rules" rap video
- Safety skit picture cards (attachment 1), copied onto heavy paper and cut apart

## Activity

Tell students: *Today we are going to watch Clicky rap about being safer no matter where you are and what you are doing. There are some important rules he's going to teach us. Show them the "Know the Rules" rap. What rules did Clicky tell us about to help us to be safer?*

*The safety message we are going to focus on today is the first rule: I will check first with my parents, guardians, or other trusted adults before going anywhere, helping anyone, accepting anything, getting into a car, or leaving with anyone. Who should you check with before you do anything? A parent, guardian, or another trusted adult. Why? Can you trust all adults? NO! Who is a trusted adult? Someone who can help you stay safer and in no way tries to hurt or scare you. What should you do if a person tries to get you to go somewhere, help with something, leave, or get into a car? Check first with your parent, guardian, or another*

*trusted adult. What sort of things might this person ask you to do? Come inside where he or she lives, find a pet, or accept money or gifts. Just remember, always check first.*

*What if a trusted adult is not near you? Encourage students to say in a strong voice, "I have to check first. I cannot do it without checking first." If the person tries to get you to do anything without a trusted adult's permission, say "NO!" If the person approaches you, you should yell or run away as fast as you can. If the person tries to grab you, you should yell, kick, hit, wiggle, bite, or do anything to get away. If you are with an adult you do not trust, you should yell, "No! Stop that! I won't do that! You are not allowed to do that!" After being approached in any situation that makes you feel uncomfortable, scared, or confused, you should immediately tell your parents, guardian, or another trusted adult what happened in detail.*



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Make sure students have discussed the first safety rule thoroughly. Ask a few students at a time to volunteer to be in skits for the class. Do NOT assign anyone (especially yourself) to be an adult they cannot trust in the skits. Simply show the students one of the safety skit picture cards (attachment 1) and read the scenario

to the students. Have your volunteers demonstrate what they would do in each situation. Be sure to guide them in the correct response, encouraging them to check first with a trusted adult. Try to give each volunteer a chance to act out a skit. Continue until all the safety skit picture cards have been used.

## Follow-Up

Ask the students to either draw a picture of their trusted adult (grades K-1) or write a few sentences explaining who their trusted adult is and why (grades 1-2). Students may share them with the class or you can display them.

## Extension

You may wish to ask a local law-enforcement officer to visit your class sometime during the week to discuss safety with your students and reinforce what to do if a person approaches them and makes them feel uncomfortable or scared.

# Know the Rules: Check First

Grades K-2 • Attachment 1

1. A lady in the park asks you to go with her to the store.  
What do you do?



# Know the Rules: Check First

Grades K-2 • Attachment 1

2. Your friend's sister asks you to go with her to the park that isn't very far from your house.

What do you do?





# Know the Rules: Check First

Grades K-2 • Attachment 1

3. A man asks you to help him find his lost puppy.

What do you do?



# Know the Rules: Check First

Grades K-2 • Attachment 1

4. A teenager walking on the sidewalk tries to give you some candy.

What do you do?



# Know the Rules: Check First

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5. Your school friend's dad asks you to get into his car.  
What do you do?



## Know the Rules: Check First

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6. Your neighbor asks you to go for a walk with him.

What do you do?





# Know the Rules: Check First

Grades K-2 • Attachment 1

7. Someone you don't know tells you that you are very pretty or handsome and wants to take your picture.

What do you do?

