



**I'm special.**

**We care for  
each other.**

**We know  
adults we can  
trust.**



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Primary



## Practical Hints for Creating Safe and Sacred Places

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**Practice asking questions.**

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**Trust your instincts.**

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**Be clear about what you  
want and need.**

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**Get involved.**



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Grades 7 - 12



## Circles of Care

**If you are feeling  
uncomfortable or unsafe  
REMEMBER:**

**No**  
**Go**  
**Tell**

**Say no as loud  
as you can.**

**Go away as fast  
as you can.**

**Tell an adult  
you trust right  
away.**



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Grades 5 & 6



**I deserve respect.**

**I show respect to  
others.**

**I will talk to an  
adult whom I  
trust when my  
friends or I need  
help.**



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Grades 3 & 4